

# WAKING UP TO THE MOVIES



## A One Who Wakes Event

John Mark Stroud  
[www.OneWhoWakes.org](http://www.OneWhoWakes.org)



### Welcome Beautiful Friends to Waking Up to the Movies!

Movies are our modern day parables and allegories. They are a wonderful ways to tell stories. Imagine living 2000 years ago, when Jesus, one of the best story tellers of all time, had only the simplest of tools to tell stories. Just the spoken word and simple drawings in the dirt. Today we have movies! They are immersive, multi-sensory, even 3D experiences. Movies make for wonderful teaching tools as they expose us to ideas, concepts and experiences we can not otherwise have.

While John Mark was walking his path, he was guided to over 100 films as teaching tools. The Holy Spirit/Jesus would tell him what movie to watch and while he watched the movie, Spirit would have him pause the movie often. The Spirit would then explain how to look at the movie and understand it through the unified, singular, and true perception of the awakened Christ Mind. It was as if a whole new world was being revealed. It really taught John Mark how to watch his own mind and truly see what was going on inside himself. Watching those movies was great fun and contributed greatly to John Mark's awakening.

John Mark now shares that same guided commentary at Waking Up to the Movies events. The messages of Spirit and Love are all around us, woven into every aspect of our daily experience. We usually do not see them because we are so identified with our individual egoic consciousness. Guided movie watching is a simple way to experience a teaching personified. Once we have witnessed the teaching illuminated on screen, we can turn our awareness inward and see its application in our own life. Guided movies open our mind to a reality beyond our existing concepts.

Waking Up to the Movies with guidance from the Holy Spirit can be a fun and easy way to open our minds, practice forgiveness and learn metaphysics.

**Sit back, relax, watch** (your mind watch the movie), **inJoy and Wake Up** (if you wish)! Oh, popcorn is a fun addition to the experience. *Download and viewing instructions on the next page.*

*The commentary that is offered in these movies is Created as an extension of Love thru me. If you find the movies helpful or if they contribute to your healing and awakening will you please consider making a Love Offering - Donation? My family and I are totally sustained by Love, your Love! You can go to [www.OneWhoWakes.org](http://www.OneWhoWakes.org) where you will find a give button in the upper right hand corner. Or just click the yellow give button to the right and you can donate on PayPal now. No PayPal account is necessary, you can use a credit card and we can accept international donations. Gratefully, John Mark*

OneWhoWakes.org



Want to get our e-mail updates with One Who Wakes event details? Go to [www.OneWhoWakes.org](http://www.OneWhoWakes.org) and scroll to the bottom of the home page to sign up for the weekly e-mail. **Click the Facebook logo to follow us. -->**



# WAKING UP TO THE MOVIES

## Download instructions

You can download the movies and enjoy them at home. These files include John Mark's guided commentary recorded during the movie. On the following pages are movie posters of the available movies. Simply click the [blue underlined name](#) of the movie below the poster. That will take you to the download page, You may see either a yellow download button.

Upper right hand corner ----->



or a white download button at the bottom of the page. Just click the button to start the download. Do not try to play the video in the browser viewer or you will get an error message. "We don't support playback of videos longer than 20 minutes". Just click the correct download button to start the download\*.

Bottom center of the page. ----->



\*These files are large so it may take some time to download depending on the speed of your internet connection. The files must be downloaded to a computer, they cannot be downloaded directly to tablets or phones.

## Movies on the following pages.....

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OneWhoWakes.org



# WAKING UP TO THE MOVIES

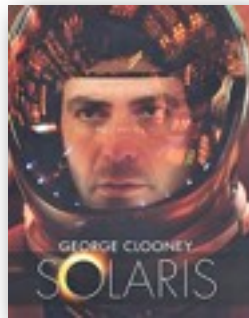


## A **One Who Wakes** Event

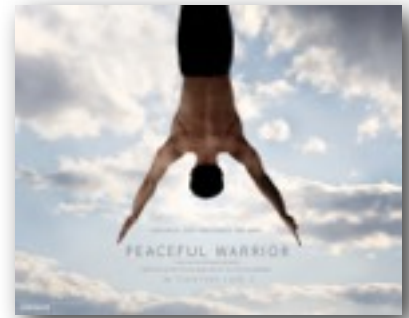
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[The Truman Show](#)



[SOLARIS](#)



[Peaceful Warrior](#)



[Revolver](#)  
[Revolver - Alternate Ending](#)



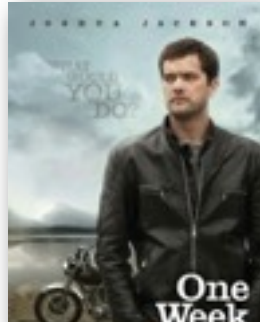
[The Thirteenth Floor](#)



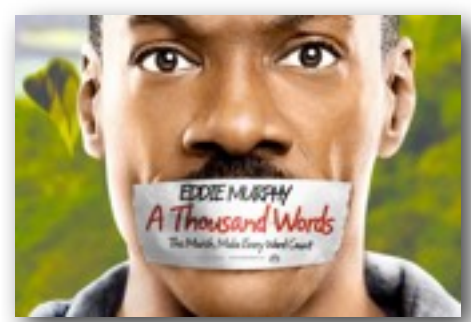
[Perfect Sense](#)



[Chocolat](#)



[One Week](#)



[A Thousand Words](#)

Movies continued on next page



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[What the Bleep  
do we Know!?](#)



[The Snow Walker](#)



[When a Man  
Loves a Women](#)



[Penelope](#)



[The Guitar](#)



[Harold & Maude  
List of Maude-isms](#)



[August Rush](#)



[Source Code](#)



[Henry Poole Is Here](#)

Movies continued on next page

# WAKING UP TO THE MOVIES

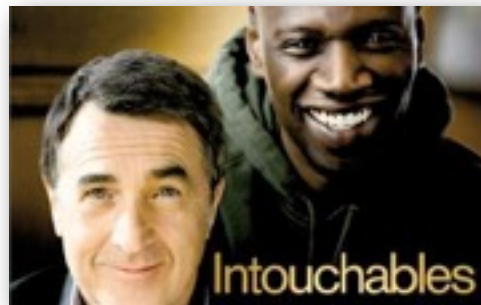


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[Sliding Doors](#)



[Intouchables](#)



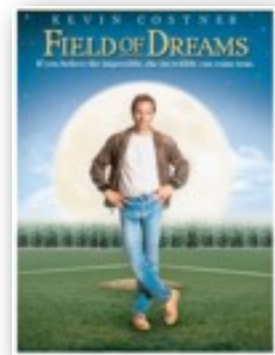
[The Adjustment Bureau](#)



[Yes Man](#)



[Groundhog Day](#)



[Field of Dreams](#)



[Ruby Sparks](#)



[Café](#)



[Hugo](#)

Movies continued on next page



# WAKING UP TO THE MOVIES



## A One Who Wakes Event

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These two movies go together as a matched set. They are symbols for the two ways to look at and experience the dream of separation. Watch **"The Game"** first, then **"The Man who knew to little"**.

Waking Up can be **HARD** or **EASY**, Your Choice.



[The Game - Part 1](#)  
[The Game - Part 2](#)



[The Man who knew too little](#)

Matched Set  
 <---- + ---->

## The Matrix Trilogy Watch in Order



### Matrix 1



[Matrix 1 - First Half](#)  
[Matrix 1 - Second Half](#)

### Matrix 2



[Matrix 2 - First Half](#)  
[Matrix 2 - Second Half](#)

### Matrix 3



[Matrix 3 - First Half](#)  
[Matrix 3 - Second Half](#)

# WAKING UP TO THE MOVIES

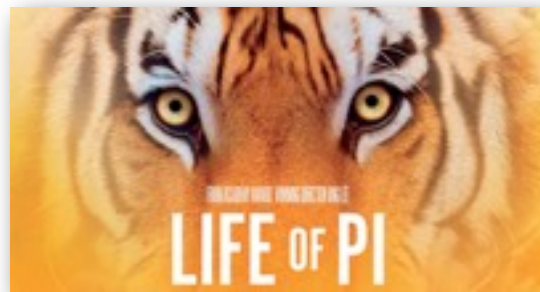


## A **One** Who Wakes Event

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[Now You See Me](#)



[Life of Pi](#)



[Eternal Sunshine of the Spotless Mind](#)



[Inception - Part 1](#)  
[Inception - Part 2](#)



[Forrest Gump - Part 1](#)  
[Forrest Gump - Part 2](#)



[The Best Exotic Marigold Hotel](#)

# STAR TREK



BOLDLY GO WHERE NO ONE  
HAS GONE BEFORE



[The Thaw](#)



[Waking Moments](#)



# WAKING UP TO THE MOVIES



## A One Who Wakes Event

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[The Wizard of Oz](#)



[The Shawshank Redemption - Part 1](#)  
[The Shawshank Redemption - Part 2](#)



[After Earth](#)

## ATTENTION NEW DOWNLOAD PROCEDURE



[Sixth Sense](#)

For the movies from here down there is a different download procedure.

**1)** Click the **blue name** below the poster. **2)** Then click the download button at the bottom center of the page. The new download button will look like the image below.



[The Giver](#)



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## **Want to Quicken in your journey of Remembrance?**

John Mark welcomes joining in Private Clarity Sessions  
or Joint Listening Sessions.

You can join with him in person, on the phone, Skype or FaceTime.



**Would you like John Mark & One Who Wakes  
to host a Retreat or "Plorkshop" in your area?**

Contact John Mark: [Love@OneWhoWakes.org](mailto:Love@OneWhoWakes.org)

