

WAKING UP TO THE MOVIES



A One Who Wakes Event

John Mark Stroud
www.OneWhoWakes.org



Welcome Beautiful Friends to Waking Up to the Movies!

Movies are our modern day parables and allegories. They are a wonderful way to tell stories. Imagine living 2000 years ago, when Jesus, one of the best story tellers of all time, had only the simplest of tools to tell stories. Just the spoken word and simple drawings in the dirt. Today we have movies! They are immersive, multi-sensory, even 3D experiences. Movies make for wonderful teaching tools as they expose us to ideas, concepts and experiences we can not otherwise have.

While John Mark was walking his path, he was guided to over 100 films as teaching tools. The Holy Spirit/Jesus would tell him what movie to watch and while he watched the movie, Spirit would have him pause the movie often. The Spirit would then explain how to look at the movie and understand it through the unified, singular, and true perception of the awakened Christ Mind. It was as if a whole new world was being revealed. It really taught John Mark how to watch his own mind and truly see what was going on inside himself. Watching those movies was great fun and contributed greatly to John Mark's awakening.

John Mark now shares that same guided commentary at Waking Up to the Movies events. The messages of Spirit and Love are all around us, woven into every aspect of our daily experience. We usually do not see them because we are so identified with our individual egoic consciousness. Guided movie watching is a simple way to experience a teaching personified. Once we have witnessed the teaching illuminated on screen, we can turn our awareness inward and see its application in our own life. Guided movies open our mind to a reality beyond our existing concepts.

Waking Up to the Movies with guidance from the Holy Spirit can be a fun and easy way to open our minds, practice forgiveness and learn metaphysics.

You can download them and enjoy them at home. These files include John Mark's guided commentary recorded during the movie. Simply click the [name](#) of the movie below the poster, it will take you to the download page, then click the yellow download button on the right side to start the download. The files are large so it may take some time to download. **Sit back, relax, watch** (your mind watch the movie), **enjoy and Wake Up** (if you wish)! Oh, popcorn is a fun addition to the experience.

The commentary that is offered in these movies is Created as an extension of Love thru me. If you find the movies helpful or if they contribute to your healing will you please consider making a Love Offering - Donation? We suggest \$10.00+ per movie. My family and I are totally sustained by Love, your Love! You can go to www.OneWhoWakes.org where you will find a give button in the upper right hand corner. Or just click the one to the right and you can donate on PayPal now. No PayPal account is necessary, you can use a credit card and we can accept international donations. If you would like to send a check please contact me at Love@OneWhoWakes.org. Gratefully, John Mark

OneWhoWakes.org



Want to get our weekly e-mail with One Who Wakes event details? Go to www.OneWhoWakes.org and scroll to the bottom of the home page to sign up for the weekly e-mail. **Click the Facebook logo to follow us. -->**



WAKING UP TO THE MOVIES



A **One** Who Wakes Event

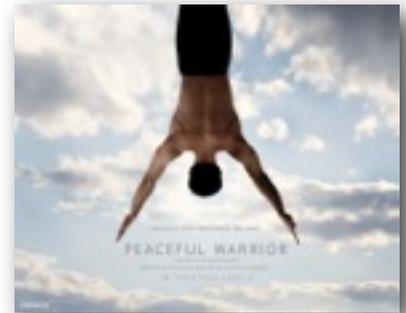
John Mark Stroud
www.OneWhoWakes.org



[The Truman Show](#)



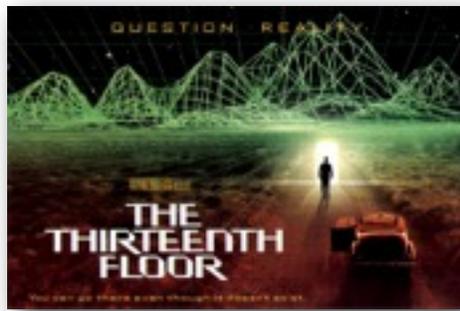
[SOLARIS](#)



[Peaceful Warrior](#)



[Revolver](#)
[Revolver - Alternate Ending](#)



[The Thirteenth Floor](#)



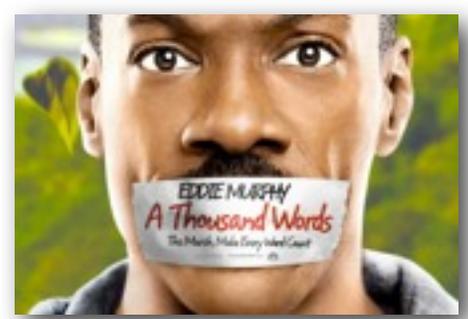
[Perfect Sense](#)



[Chocolat](#)



[One Week](#)



[A Thousand Words](#)

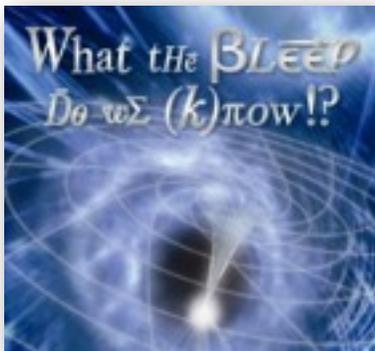
Movies continued on next page

WAKING UP TO THE MOVIES



A **One** Who Wakes Event

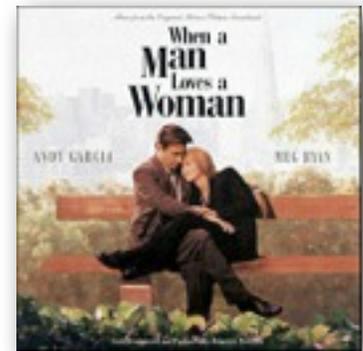
John Mark Stroud
www.OneWhoWakes.org



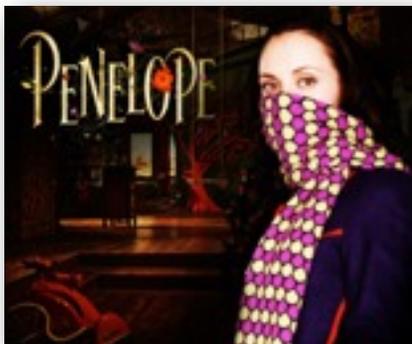
[What the Bleep do we Know!?](#)



[The Snow Walker](#)



[When a Man Loves a Women](#)



[Penelope](#)



[The Guitar](#)



[Harold & Maude](#)
[List of Maude-isms](#)



[August Rush](#)



[Source Code](#)



[Henry Poole Is Here](#)

Movies continued on next page

WAKING UP TO THE MOVIES

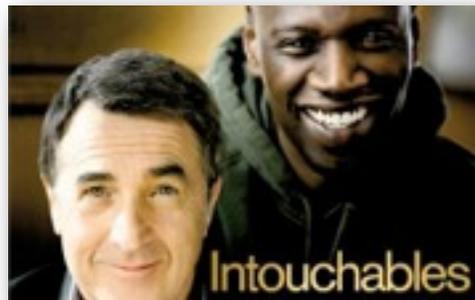


A One Who Wakes Event

John Mark Stroud
www.OneWhoWakes.org



[Sliding Doors](#)



[Intouchables](#)



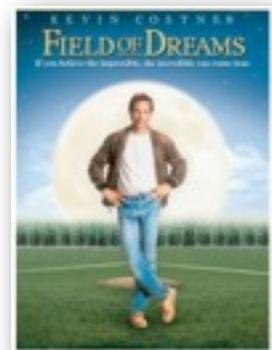
[The Adjustment Bureau](#)



[Yes Man](#)



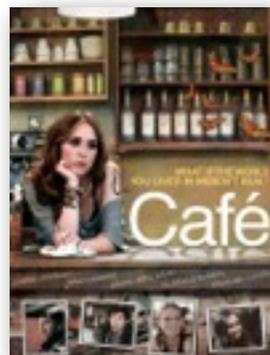
[Groundhog Day](#)



[Field of Dreams](#)



[Ruby Sparks](#)



[Café](#)



[Hugo](#)

Movies continued on next page

WAKING UP TO THE MOVIES



A One Who Wakes Event

John Mark Stroud
www.OneWhoWakes.org



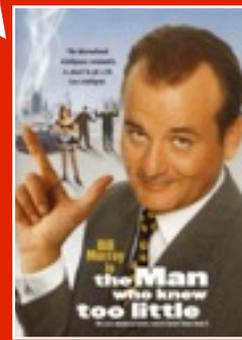
These two movies go together as a matched set. They are symbols for the two ways to look at and experience the dream of separation. Watch **“The Game”** first, then **“The Man who knew to little”**.

Waking Up can be **HARD** or **EASY**, Your Choice.



[The Game - Part 1](#)
[The Game - Part 2](#)

Matched Set
<---- + ---->

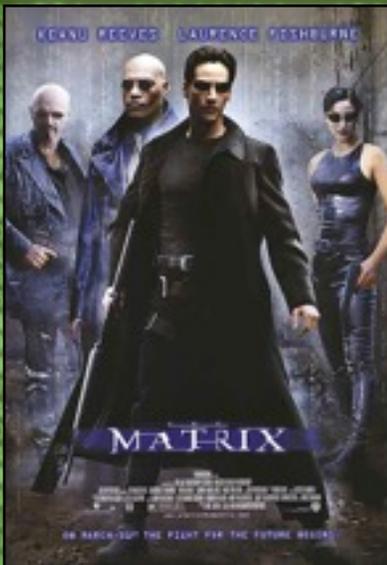


[The Man who knew too little](#)

The Matrix Trilogy Watch in Order



Matrix 1



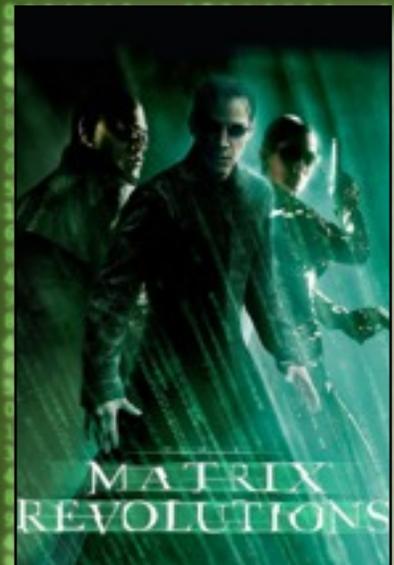
[Matrix 1 - First Half](#)
[Matrix 1 - Second Half](#)

Matrix 2



[Matrix 2 - First Half](#)
[Matrix 2 - Second Half](#)

Matrix 3



[Matrix 3 - First Half](#)
[Matrix 3 - Second Half](#)

WAKING UP TO THE MOVIES

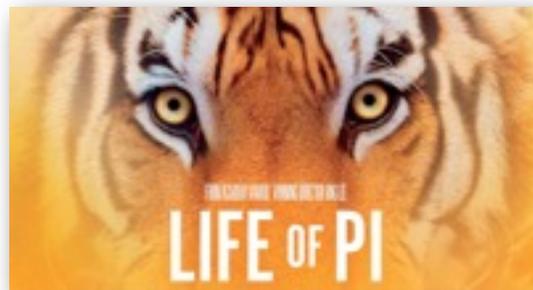


A **One** Who Wakes Event

John Mark Stroud
www.OneWhoWakes.org



[Now You See Me](#)



[Life of Pi](#)



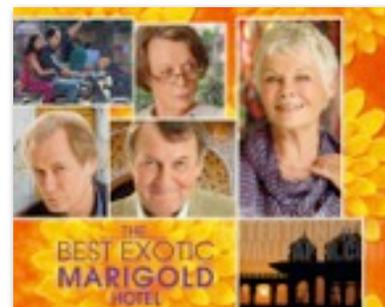
[Eternal Sunshine of the Spotless Mind](#)



[Inception - Part 1](#)
[Inception - Part 2](#)



[Forrest Gump - Part 1](#)
[Forrest Gump - Part 2](#)



[The Best Exotic Marigold Hotel](#)

STAR TREK



BOLDLY GO WHERE NO ONE
HAS GONE BEFORE



[The Thaw](#)



[Waking Moments](#)

WAKING UP TO THE MOVIES



A **One Who Wakes** Event

John Mark Stroud
www.OneWhoWakes.org



[The Wizard of Oz](#)



[The Shawshank Redemption - Part 1](#)
[The Shawshank Redemption - Part 2](#)



[After Earth](#)

Want to Quicken in your journey of Remembrance?

John Mark welcomes joining in Private Clarity Sessions
or Joint Listening Sessions.

You can join with him in person, on the phone, Skype or FaceTime.



**Would you like John Mark & One Who Wakes
to host a Retreat or "Plorkshop" in your area?**

Contact John Mark: Love@OneWhoWakes.org

No Commercial Gain Is Being Made From these Songs, Videos and Movies, it is for Educational purpose only. Copyright Disclaimer Under Section 107 of the Copyright Act 1976, allowance is made for "fair use" for purposes such as criticism, comment, news reporting, teaching, scholarship, and research. No Copyright infringement intended. Fair use is a use permitted by copyright statute that might otherwise be infringing, Non-profit, educational, or personal use tips the balance in favor of fair use. The music and images in these videos remains the property of the copyright holder. No challenge of ownership is intended or implied.

One Who Wakes is a 501c3 Non-Profit Organization