AWAKENING---WHAT CAN WE EXPECT?.

As the body begins to lose its density—in other words, as the darkness of it begins to give way to the Light that is its actual substance, you will find the same thing happening to your perception of the trees and the leaves and the grass and the animals and the buildings, et cetera. So, you see, it is not an isolated experience relative only to your body, because it is the density of everything that is going to yield, apparently, to its diviner form as individuals become less defended against experiencing its divinity—the divinity of everything.

QUESTION: What specific physical changes in our bodies will we experience in this coming time? .

ANSWER:

We are talking about the uncovering of the only Body there is. Uncovering is another way of saying revealing. And the revelation of Reality right where you are is what has always been called "healing.".

Now, if we are talking about the revealing of the only Body you have, it is going to begin by what you would call the healing of whatever current diseases you seem to be suffering from; a bringing of your body into a state of natural physical balance and efficiency, which will then be followed by what will be called the regeneration of lost limbs, lost organs through surgery, or parts of the body that were missing from birth, restoration of the five senses, fully. And the "removal" of blemishes, inaccuracies, you might say, or small distortions that are not considered to be diseases or indicators of dysfunction in the body..

Now, as some of these later steps are occurring, there will at the same time be this reconfiguring of the body in terms of proportions and physical balance of the various parts of the body to other parts of the body, so that the natural beauty of the movement of Creation will be visible and tangible and experienced. Mind you, all of this is constituted of the uncovering of the only Body that is present at all, right where the one that is distorted seems to be..

Everything is going to yield, apparently, to its diviner form as individuals become less defended against experiencing its divinity—the divinity of everything. As the body begins to lose its density—in other words, as the darkness of it begins to give way to the Light that is its actual substance, you will find the same thing happening to your perception of the trees and the leaves and the grass and the animals and the buildings, et cetera. So, you see, it is not an isolated experience relative only to your body The point of critical mass was reached in 1845, and since then you have seen the major wonders and developments that have occurred, both positive and negative. And this is going to continue at an increasing rate. The beginnings of this change are already occurring. It is happening!

~excerpt from Workshop, Weekend with Raj/Jesus, conducted by the Northwest Foundation for ACIM