

THE WAY OF MASTERY

In the Way of Mastery Jeshua answers several questions about guidance. They are listed below.

Way of Mastery - Way of Transformation Lesson Twenty-One

Question and Answer Section

Question:

How do you know if you are truly being guided?

Answer:

Indeed, beloved friend, this is a question of great importance, though think not that importance requires seriousness. Therefore, understand that as you seek to separate yourself from the roar and the din of the world, from the world mind, from the opinions of those around you, and seek to shift the momentum of the mind back toward the heart, toward the Kingdom of Heaven within you, toward that silence in which the Voice of the Comforter speaks, know well that the very first step is to begin at the end. By this we mean always—and never, ever fail to do this—always begin any such period of meditation or prayer by acknowledging the Truth that is true always, that transcends the shadows, the illusions, the misperceptions of the world. And that Truth is simply this: You cannot be less than what God has created you to be. Separation from God does not exist. And if you find that you exist in this moment, it can only be because you are, indeed, one with that Creative Source that has birthed you in It's own image and has given you access to all wisdom and all Truth and all support. For you are, indeed, loved above all things.

Therefore, begin always by acknowledging that this is the Truth. Then, allow the body to relax. And as it does so, look with the inner eye, the mind's eye, at the situation, the context that seems to be presenting itself to you—whether it be of relationship, career, what have you. Simply, then, look with the mind's eye upon the context and say,

This context has no power to harm me. It comes because I have called it in my own desire to grow in wisdom, to grow in strength and power and certainty.

Then, remind yourself that only the Comforter's guidance, the inner Voice of the Holy Spirit, can think rightly for you. Ask of That One,

*My Friend, what is this context for? What lesson do I need to learn?
What decision truly will carry me in the direction of my deepest
commitment?*

And I emphasize the word commitment here, for as you well know, and we have spoken many times, that until the mind, until the soul, until the heart becomes fully committed to awakening from every last trace of illusion, until it becomes fully committed to bringing forth the gifts that have been placed within it by God, life is like a ship without a rudder. Therefore, ask what that decision is that truly serves the commitment that you have made to awakening to the Mind of Christ, to being the embodiment of wisdom and of Love and of peace.

Now having done that, remember that—at least in the initial stages of the journey—the egoic mind will always speak first. In other words, you have learned to look to the world's thinking to find the solutions to the contexts, or what you call problems that present themselves. There is a period of retraining the mind in which you become more and more detached from the thinking patterns of the world. But when you begin to enter silence in this way, and ask,

What decision truly serves my highest good, my deepest commitment?

the first voice that you will usually hear is that little voice that says,

*Oh, no. Don't do that. No, no. Don't do this. This will not leave you safe.
And what about this person? And what about that person? And what
about all of those things?*

If you are observant, you will notice that when that voice speaks, it creates a restlessness within the body-mind itself, like an ocean churned by an angry wind, so that the waves toss to and fro. The breath changes. The shoulders tighten. There is a restlessness, and it seems as though it is difficult to maintain comfort and ease. The egoic voice, which is the voice of fear, the voice of guilt, the voice of self-judgment, the voice of unworthiness to be what God has created you to be, that voice always creates inner turmoil and loss of peace. Therefore, merely observe it. Do not seek to be rid of it, but just learn to observe it as it is.

*Oh, I've asked the question within and asked for guidance, and
immediately my mind became disturbed, my body's changed and
tightened, and I'm thinking about all manner of things that are 'out
there.' This, surely, is not the Voice of the Comforter. Therefore, I will
simply ask again.*

Simply return to the acknowledgment of who you are and ask again, as we've suggested. Begin to observe, then, as the body begins to relax, that you need only say within the mind,

In Truth, I do not know what a single thing is or is for. I am here to learn what it means to be awake, to be the embodiment of Love. And there is one Teacher given unto me who guides always correctly.

Merely then, ask your questions again. And notice the effect. Say within the mind,

I am not attached to the answer, for I trust Love to direct my course.

When you begin to observe that the mind, your beingness, is less and less attached to the outcome that you're looking for, then the Voice of the Comforter can begin to speak to you. You've heard it often said that God speaks to you as a small, still, quiet Voice. This is the opposite of the world's thinking. Therefore, as you cultivate the ability to rest in silence, to be detached from any need to have the answer look a certain way, more and more you will access that place in the depth of the mind, or the heart, in which the Comforter dwells at One with you.

Remember that the Holy Spirit is merely right-mindedness. Right-mindedness, correct seeing, correct feeling, is that that is aligned with the Will of God. That right-mindedness was placed within you by God Herself, if you will. So you are truly listening only to the depth of your own being, what we have referred to often as the heart, as a way of drawing a distinction from the thinking, restless mind.

It is in silence that the Voice of the Comforter speaks. And silence comes when you are no longer invested in the outcome of the contexts or decisions that confront you. You will know that you are truly guided when a picture, a thought, even a voice, a feeling in the heart, comes and your whole being resonates with it. Therefore, there is no conflict. There's no tug of war any longer. There's a moment of simple knowingness. It is not the kind of thing that needs to be explained to anyone. It is not the kind of thing that you question or mull over in your mind. It is a simple, immediate knowing.

This is the right decision.

This is the journey I must make.

This is the book I must read.

This is the relationship I'm to be in, or not to be in (it doesn't matter).

The point is, you feel in your beingness a clarity, a resonance, that indicates you have stepped into a state of wholeness. You know what you know, and there is only certainty.

Then, of course, the next step is to follow through. The voice of the ego will rise again a thousand times, debating with you. And why? Because the voice of the ego, again, is that voice made up by you as a result of your guilt and fear and your belief that you are unworthy to be One with God, that your innocence has been tainted, that, therefore, the Creator has forgotten you. This is never the case. You are loved wholly. You have never sinned. And you remain as you are created to be. And your Creator merely waits for you to awaken from the dream of unworthiness and to take up your rightful place as His creation, that the good, the holy, and the beautiful can be extended through you in the very act of creation.

Beloved friend, guidance is something that is learned in the field of time. It occurs to the degree that you are willing to stop thinking for yourself. It comes to the degree that you are willing to set aside the guidance of everyone around you—and if you open yourself to that, you'll find there are many just waiting to tell you what you should do. It comes as the result of your willingness to begin to turn every decision over to the Friend, the Teacher, the Comforter, that has been placed in the depth of your mind and your heart by God. And God is but Love.

Therefore, to cultivate tuning into, resonating with, listening, and then following that Voice in the depth of your heart means that you are learning to let Love be your guide, Love be your teacher, Love be your friend. And that Love is universal. That Love is eternal. And that Love is within you now! You cannot be alone at any time. And all power under Heaven and Earth is given unto you to guide and shape your journey through time. And over time, you will become a master of tuning into guidance.

Making the direction toward the Kingdom of Heaven, you will learn to go only to that altar and not to the altar of the world. And as miracles occur, as success builds upon success, you will learn that after all is said and done, the world has been wrong. You are not alone. You do not need to make your way. Your way will be made for you by a Power and Love and Intelligence that birthed you in the first place and has only your highest good in mind.

Practice well then, beloved friend. Look to see how you can begin to turn decisions over. Begin with those that are quite simple, so that fear does not arise. Begin, for instance, by simply asking,

*What would be the best thing I could put in my body for breakfast?
Which of these two movies would I most enjoy?*

And then, practice listening for the inner guidance. Again, in this way, you begin with situations that are fairly 'safe' for you. And then you can progress to 'bigger' decisions, until, ultimately, every decision is turned over—even the

most ordinary decisions. Not in a way that anybody will see or notice, but your mind has been corrected, so that in each moment, you're quietly asking,

Father/Mother God, what would you have me do? For only your plan works, and only your pathway is strewn with the flowers of miracles, and wisdom, and peace, and the fulfillment of my soul.

Begin practicing, beloved friend, making the decision to turn every decision over to the quiet place within where the Friend, the Teacher, waits for you.

Question:

Jeshua, you have mentioned that all events are neutral—several times. Could you please take that and go deeper with that and explain it for us?

Answer:

Beloved friend, I would be most pleased to do this for you, except that your question is a neutral event that has no interest! [Laughter] Hmm.

Now you have, indeed, heard it said to you many times, and I'm certainly not the first one to share this, that all events are neutral. What do we mean by this?

There is a moment, unknown by the world's thinking. It goes unperceived, unnoticed by those who live their lives seduced by the shadows that make up the world, because they are run by fear, by judgment, by doubt, by guilt. This is like a turbulence in the mind that covers up the simplicity of the moment we're referring to. There is a moment in each and every one of your experiences where an event begins to arise, a gap if you would say so, in which your mind is not interpreting the event. It is merely arising. This is its reality, its "suchness," if you will. It simply arises. You don't know where it came from. It arises from Mystery. For in Truth, no one—no one—can say why there is anything at all. It arises from Mystery—energy dancing in an endless shape of forms, beginning, passing by, and then ending.

The world in which you live, this world of energy called your physical dimension, is like a constant light show—energy dancing, cascading, changing. There is a moment of perfect peace, a moment that can be cultivated to be expanded, so that your mind notices the innocence of each event. But the perception of innocence requires the healing of fear.

I've shared with you many times that there are fundamentally only two emotions, if you will, only two worlds, or two realities: Love and fear. And

between these two, only one is Real: Love. For God is Love and does not create unlike Himself. Fear, then, must be healed within the mind and the body, as long as the body lasts, in order that the mind can perceive this moment of innocence . . . watching a wave arise out of the Ocean of Mystery without a need to judge it, without a need to hold up a placard and say,

We'll give it a five or a nine.
No, that's a bad wave.
This is a good wave.
What will this wave do to me?
Oh, I don't want this wave.

You know all of that kind of thinking.

There is a moment in which the perfect innocence of each event is undisturbed.

What, then, occurs to change a neutral event into one charged with meaning? Listen well, beloved friend, for here is the whole crux of the very problem, if you will, which requires you to awaken from it.

Perception takes place. Perception is like a coloring. Imagine that you had a pair of sunglasses, and as you walked outside, you had them in your hand, not on your eyes. And for a moment, you saw things just as they are. And then, in the next moment, you're putting the blue-colored lenses over your eyes. Immediately, the world, that which you are experiencing, has been colored in a certain way.

Perception is much like this. The only difference being that the lenses are deep within your mind. The lenses are made up of all of the beliefs and perceptions and attitudes that you have taken on from others around you as you sought to adapt yourself to this world. It creates beliefs. And you will literally believe that what you see is 'out there'—when, in fact, you're merely looking through the lens, the prism, the lenses of your own mind. This is why I have often said there is nothing outside of you.

Therefore, when you experience any event, notice your responses. And then, if you truly desire peace, stop trying to justify your perceptions. And rather, go within and ask - with the innocent wonder of a child,

I wonder why I'm choosing to see this event this way? I wonder if I could see it differently? Perhaps what looks like a trauma is offering me a treasure, if only I could become quiet and ask the Comforter for guidance.

The reality of your 'world' is this—listen carefully: It does not exist. That is, it is not occurring outside of your own mind. Mind is all there is. And freedom comes from the willingness to take responsibility for it, that the Mystery which brings forth all events can be seen the way you want to see it—from freedom, from power, from safety, from peace, from Love rather than fear.

Because you are made by your Creator to create, you are creating without ceasing. And until awakening comes (and that's another subject) you literally are creating the world of your experience through the lenses of your own perceptions. You are free at any time to heal those perceptions and to learn to see differently—eventually to see through the Eyes of Christ. And Christ is just the reflection of the Love that God is.

Regardless of what the egoic part of the mind will say, this one thing never changes: All events remain perfectly neutral. What value and meaning, then, can they have? They will have the meaning and value that emerges from your decision about which voice to listen to—the voice of the ego, which is the voice of fear and judgment and unworthiness, or the Voice of Love, in which the Comforter translates the events of time and shows you how they can be utilized for your own awakening and healing; and, by extension, the awakening and healing of the world, itself. This is a Voice that the Christ within you listens to. It is the Voice that speaks of forgiveness, the Voice that speaks of fearlessness, the Voice that speaks of wisdom, and of patience. It is the Voice that serves only one purpose—that purpose which can bring each of God's Children Home again, to uplift them to the peace that they seek, out of the suffering of guilt that they've been used to.

One who is fully awake, in the field of time, looks to be very ordinary. But in their mind, their consciousness, they've been given over to letting the Holy Spirit interpret every series of events for them. And the Holy Spirit will interpret events only in the way that serves the awakening process. Events no longer have any other purpose than the correction, deep in the mind, that allows Love to be remembered and restored, so that Creation can flow without obstacle.

You will know that you are listening to the voice of the ego when you argue for the correctness of your perception. Learn well, then, beloved friend, again by practicing innocently, to recognize that all events are neutral. You can do this in a way that I've explained many times through many channels. Merely give yourself five minutes a day in which you sit in a chair and observe the things around you. And each time your eyes fill upon an object or perhaps hear the phone ring, or what have you, you merely say,

I do not know what this is or is for. I don't even know how it got here. I rest in innocence, and place no judgment upon it.

In this way, you begin to cultivate the mind to let the gap widen, in which, within your mind, the moment of innocence lingers long enough for you to be aware of it. Eventually, you could literally be crucified by beings who swear they hate you, and you would look upon it with equanimity and peace, saying simply,

Father, forgive them, for they know not what they do. This is simply a neutral event. And I remain One with God.

Practice well, beloved friend, and look. You'll begin to discover what you are still valuing, where you're still holding on to your need to be right about your perceptions. And merely invite the Comforter to change your mind for you.

That should be sufficient for now.

Way of Mastery - Way of Knowing - Lesson 27

Question and Answer Section

Question: Since we do not know what our brother or sister needs, is it possible that the Holy Spirit would guide us to say and do things that others would react vehemently to, such as You did when You yelled and got angry at the moneychangers? Is it true that we can't put a lid on how the guidance of the Holy Spirit would sound or look?

Answer: By its very nature, the guidance of the Holy Spirit comes from beyond the realm of ideas and perceptions that the mind identifies itself with. If you think of a room in a house as being where you normally abide, you know all the furniture, you've identified it all, you've defined it, it's under your control. In such a room, when you go to access the answer for a problem or a situation that has arisen, you can only go to what you already know.

That is what the egoic mind tries to do, even when it begins to receive into its "room" new ideas—spiritual ideas, metaphysical ideas, religious ideas, magical means ideas. It still is in the realm of the known and so, when a situation comes up, it rummages around the room looking for something it knows is already there. And it looks for what it thinks will be the device, the word, the phrase, the action, that is the right thing. But this is the very same thing as saying that you already know what you need to say or do. But you do not have that knowledge in the room in which the ego lives.

That space or channel, that we spoke of earlier, through which Love can inform your decisions, requires that you recognize it is beyond the context of

the room that you're used to living in. The mind, as you know it—your daily mind—can operate only in a closed universe of what it already knows.

Therefore, in a given situation, the Holy Spirit may have said to you,

Take this homeless brother into your house and fix him a good meal.

And so, you've done it. Now, ten years later, there is another homeless man outside your door. You rummage around in the past, and you see that once you brought this person in and you fed him,

Oh, this must be the solution because this is my "homeless person" tape. I just pulled it out of my dresser drawer in my egoic mind.

And then you set about to act on that and you discover that that homeless man steals everything in your house. You've forgotten that there was a time when a homeless man appeared and you didn't know what to do. You let go of everything you thought you knew and you asked in prayer. This same way of not knowing is the ultimate state of Knowing. Knowing that the egoic mind does not know is the source of powerful Knowing.

Therefore, could it be the case that the Holy Spirit would guide you to say or do something that might cause others to act, or react, vehemently? Indeed, beloved friends—yes! But remember this: the Holy Spirit's guidance is not what is causing another to react vehemently. Their own mind causes that, because they are not committed to healing and to Love. Any reaction that is not the extension of Love must be fear, and nothing else. Any form of attack or judgment can come only from fear, and not from Love.

Therefore, when I felt guided to approach the moneychangers in front of my Father's holy temple, I was not guided to say:

Excuse me, could we have a slight conference here? I would like to express a slight opinion, and of course, you're totally free to do what you will, because you're actually very powerful, rich beings and I am just a lonely Essene. But if you'd just give me a minute, I'd just like to share my thought.

No. I was guided to move with great power, to literally act in the ways that some would call violence—not that I hurt anybody, but I overturned their tables and I yelled deeply that,

You have made my Father's house a den of thieves!

Now, that got their attention. Why? Because the Holy Spirit saw that those minds engaged in those activities could respond only to a powerful energy,

since they idolized power, itself. They were always putting themselves in the position of having more power than the people who came to the temple. So, what was required was someone who put themselves in a greater source of power and demonstrated that the moneychangers were not as powerful as they thought. They couldn't imagine, before that moment, that anybody would upset their apple cart. But through that act, it began to create what you might call a rattle in their mind and their being as their reality was shaken up a bit. And some of them began to ponder what it was that they were doing with their lives.

Now, if I was attached to my own safety, if I was attached to being liked, I would not have allowed that expression of the Holy Spirit to be made manifest. And that is what far too many in your world tend to do:

Oh, if I say what just came to my mind, I may not be liked. But I'm really committed to being liked, while pretending to live a spiritual life.

But indeed, beloved friend, the way of Atonement, the way of service, is not a popularity contest.

Therefore, indeed, precious friend, understand well, you have no idea what your brother or sister needs—from a gentle kiss on the cheek to a swift kick in the ass. But if you are committed to Love, to innocence, to freedom, to trust, and if you choose to access the perfect freedom of your channel of communion with God, and not to react from the egoic mind, then you will be guided as you need to be. And as you choose to fulfill that purpose, you have fulfilled your own pathway into the depths of knowing God.

So, yes, the Holy Spirit is not a namby-pamby, strawberry jelly kind of energy. The Holy Spirit is committed to one thing: the Atonement. The Atonement occurs when illusions are shattered. The Holy Spirit knows what is required. And what is required may not always, shall we say, meet the approval of the social world in which you find yourself. But those afraid to rattle the cages of others are simply afraid. This means they run their life by fear and are more committed to their comfort or safety, which is to be committed to the insanity of the ego, and not to the freedom of Christed Consciousness.

Does that help with that question?

Response: Very much so.

Jeshua: Now, I'm not saying there is not an art involved in that. The degree to which you enact the suggestion of the Holy Spirit comes from your willingness to save not one love for yourself—to be unattached, to recognize that you are the student of the Holy Spirit. You see? Which is, of course, the cultivation of self-love.

Response: I see.

Jeshua: Indeed. So, have you anything else, or is that sufficient for now?

Response: There are no more questions for this tape, but if you want to continue elaborating on anything, I'm sure we'd all be happy to hear your message.

Jeshua: There is nothing further that we would choose to elaborate upon. We would ask you, however—each and every one listening to this tape: Find some way in which you allow yourself the experience of the pleasure of Love's presence. Do not let this day end, from the time you hear this tape until the time you sleep, find a way to enjoy the pleasure of Love's presence.

And with that, indeed,

Amen.