Defenselessness has to do with your willingness not to continue to define the circumstance as dangerous and then justify becoming reactive. Defenselessness means being willing to look beyond the appearance, beyond the way your ego is distorting the Kingdom of Heaven so that you may have a glimpse of the Kingdom right in that spot. And as a result of your clearer view of Reality, being the transformation element that evidences itself as the resolving of the apparent differences, or tensions, or unpleasantnesses, that are going on.

You see, if Love is the recognition of that Which Is Real in each and every thing you see, then it is present as an active blessing if there is dreaming going on in that spot where you have been willing to see the Divine Reality. Love is not just a passive, sweet, enveloping, pink cloud, cotton candy sort of presence. Love is not benign; it is active. It is the Living Substance of everything and the active motivation or Life Force of everything, of all Substance. You talk of God as Life and Love, but Life and Love cannot exist separate from each other. They are two aspects of the same thing.

And so when you are willing to become defenseless, meaning when you are willing to stop defending yourself against perceiving the Christ in your fellowman no matter how he is behaving, when you are willing to see the wholeness of an individual who seems to be injured, or maimed, or ill, when you are willing to see the Truth where the error seems to be going on, you are being Love. Not loving. You are being Love. You are not defending yourself against the Love that you are moving into expression in a place where it seems to the ego's point of view an unreasonable place to give it. And the Dynamic of Love comes into play and is transformational, healing.

~Raj/Jesus
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