"THE CONFUSION OF MIRACLE IMPULSES WITH PHYSICAL IMPULSES IS A MAJOR PERCEPTIONAL DISTORTION. PHYSICAL IMPULSES ARE MISDIRECTED MIRACLE IMPULSES.....ALL REAL PLEASURE COMES FROM DOING GOD'S WILL." (T-#12/15)

Now, although it isn't said here, we are talking about pleasurable physical impulses are misdirected miracle impulses. Whether it's orgasm, whether it's sexuality, whether it's a hug, whether it's a smile directed toward another—these are conscious attempts to bring into your awareness the unseparated Wholeness of Yourself that you have denied, that you are holding away from yourself.

QUESTION: Do pleasurable physical impulses help us or hinder us towards our own being in the present moment with...

ANSWER:It all depends on the motive. If the pleasurable impulse is for self-satisfaction, it doesn't help you.

QUESTION: Could it hinder you, taken from that aspect?

ANSWER: Absolutely, because it's selfish. Because although it might be extended toward another, it is not as a gift to another.

QUESTION: Then it's narcissistic, to use, you know, a pop psychology term.

ANSWER: That is correct. It also, because it lacks consideration for another, is a form of abuse, whether it's mild or intense. An act that is pleasurable for you may be done so as to influence another, or control another. Again, a form of abuse. And it's all aimed at you. So, absolutely, the giving of, the expressing of a pleasurable impulse can be to your disadvantage.

QUESTION: Maybe the opposite of that would be our inviting another one to join us with a moment of mutual joy, or pleasure. Would that be a positive use of it, or a constructive...

ANSWER: That would be a positive use of it, but you don't need to go that far. It doesn't have to be dependant on what another does. It has to do with, again, the motive—whether it's to get, or to give. And as long as the

Expression of Love physically is in the form, truly the form of a gift, where the reason you are giving it is because you love, where the reason you are giving it is because you honor the one you are giving it to, that's all the further you have to take it in order for it to be beneficial for you in terms of your Awakening and not keeping you in the dream. And it really does amount to a matter of growing up. A child stands always ready to receive. But when the child grows up, he stands (she stands) as a servant to give. To give genuinely as a gift with no strings, a gift that is not given in order to get. You see?

~Raj/Jesus Conducted by the Northwest Foundation for ACIM