

## THE HAPPY DREAM...

How do you shift to happy dreams? By abandoning your independence, practicing the holy instant, asking of God what the truth is, what is needed, and listening. And listening until you hear, listening until you manage to accidentally let go of control. And I'm going to say accidentally because the only way you will let go of control is with help. And when you get the help, it will happen not at your hand and you will call that, "accidental."

[reading from ACIM Text] "Prepare you NOW for the undoing of what never was. If you already understood the difference between truth and illusion, the Atonement would have no meaning. The holy instant, your holy relationship, the Holy Spirit's teaching, and all the means by which salvation is accomplished, would have no purpose.

[repeats Text] "If you already understood the difference between truth and illusion, . . . "For they are all but aspects of the plan to change your dreams of fear to happy dreams, from which you waken easily to knowledge."

It's important.

[reading from Text] "Put yourself not in charge of this, for you cannot distinguish between advance and retreat."

It's bad news. You don't know the difference between truth and illusion and you cannot distinguish between advance and retreat. But again, it's only when you dare to realize this and accept it as true that you will begin to actually reach out to Something beyond whatever wonderful capacities you have thought you've had.

[reading from Text] "Some of your greatest advances you have judged as failures, and some of your deepest retreats you have evaluated as success."

You don't know the difference. And as long as you think you do, you will bring your best resources, your best independent resources into play instead of shutting up, instead of going into the silence within to the altar within you which is where you naturally find yourself when you've chosen for your peace, when you choose for the holy instant and you say, "Father, what is the truth here? Father, I need help. Holy Spirit, help me."

Your reluctance to engage in this lies in the fact that you still have confidence in your own personal private independent capacities which you,

at your hand, have nurtured and developed until they have seemed to bring a semblance of dignity, integrity and structure to this independent one that you are.

Again, I want to remind you that no matter how well things are going for you, if you're still experiencing sin, sickness and death, you are not experiencing success. You are not experiencing truth because you are denying the fact that God is all, in all. And therefore what is happening is happening at God's Hand because it's the Movement of Creation which your choice to participate in the holy instant moves you into the access of.

It's your Birthright to be that which observes, is conscious of, the Movements God engages in as the act of Creation—the forever Movement of Creation. As you move back into that state of attention, the happy dream is the result. The comprehension of truth infills you and gives you peace and allows you to move in harmony with what God's Will is bringing forth in the movements that you had before, called the world and universe that started from a "Big Bang" and is constituted of the definitions you have adopted either by your own creation or by being taught by others what it is, without ever shutting up and saying, "In spite of what I've been taught Father, in spite of what seems intelligent to me, Father, what is the truth here? I think it's a material world and universe. I want to see and experience the Kingdom of Heaven which You have told me it is, which it has been revealed to me is the truth about it. I do not know how to shift from my definitions and the teachings I've adopted, into what to me seems to be an utterly uncontrollable, original experience of what you, Father, are Creating. Help me because I do not know how to do it."

~excerpt from ACIM Study Group with Raj/Jesus 2/12/12

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