

THIS INSTANT....IS ETERNITY, ITSELF!

QUESTION: "How long is an instant?"

ANSWER: Well, it just is "the moment." It's the moment of conscious experience. Now, remember, what you imagine is gonna happen in the future and what you remember in your memory of the past, those are both head-trips, aren't they? They're not actualities. They are not experienceable. But the now is an experience. Now is Real. Now is the conscious experience of Reality, the Kingdom of Heaven. It has an excellence to be illuminated, to be consciously experienced.

Now remember, because we've talked about this before "in the past" . . . past to future is not an unbroken line. At what you could call the junction between the past and the future, there is a gap. That gap is "the moment." That gap is the instant. You think of it as an instant of time. But I'm telling you that the instant is, itself, timelessness. The instant is Eternity, Itself.

~Raj/JESUS

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