

HAS YOUR LIFE BEEN CHANGING.....WHAT IS A SUDDEN SHIFT OF PERCEPTION ABOUT?

So, we've been getting together for quite a while discussing the Course. Or let us say we've been discussing the Truth and seeing in what ways the Course supports the Truth, because there was something before the Course and what was before the Course was the Truth. And the Course is an expression of the Truth. The Course is not the end. The Course is not the point. The Truth is the point. And I'm wondering, I'm not going to ask any of you to respond to this, but I'm wondering over the last year and a half, year and three-quarters that we've been reading, has your life been changing? Or better put, is the way you're responding to life changing? Are you letting life just roll over you? Or are you realizing that, indeed, there is another way to look at this, and purposely and conscientiously [exercising] inquisitiveness to see it a different way, and then actually seeing it in a new way? Have there been healings?

I know, a miracle is quote "a sudden shift of perception" unquote. I've heard it said, "It's not about healing. It's about a sudden shift of perception in your mind." Well, if that's what you think, if that's what you believe, that's what you'll get.....and it won't be worth much. What point is there in having a sudden shift of perception, let us say, so that pain doesn't bother you, and pain continues? Ah, but you're in bliss, and it doesn't bother you that you're in pain. If you think that's what it's about, YOU'RE WRONG!

What is the sudden shift of perception about? The sudden shift of perception is going to be about your experience. And when the sudden shift of perception that constitutes a miracle occurs, it's a shift of perception in which, I'm going to say, God's Truth registers with you. God's Truth about what? God's Truth about what you're experiencing. God's Truth about the Kingdom of Heaven that you've been looking at and calling the world, as though it has nothing to do with God. And so a sudden shift of perception is going to be accompanied with, accompanied by, a shift of experience.

And so, instead of seeing your perception of Creation, you will see Creation Itself. And that will be recognizable as healing. Cancer gone. Deformed joints reformed. The Beauty, the Exquisiteness, the Perfection of Creation is what will be embodied, instead of your perception being

embodied. And so you will experience a new embodiment whether it's of your body, what you call your body, or the dying tree in the yard, or whatever it is that isn't manifesting all of the qualities of Creation Itself.

Some sudden shifts of perception are little ones so they don't blow your mind. In fact, some shifts that occur, you don't recognize until later on when you realize, "Wow! If that had happened a year ago, I would have been really upset. And now, no problem for me at all. I haven't lost my peace. And I've been able to cope with it quickly, intelligently and well. And there's been no drama or trauma."

What's my point? My point is that if all of this isn't registering in your life as transformed experience, as the disappearance of physical problems, or the meeting of a physical problem quickly, then you're up in your head, you're up in your intellect, and you are not connected to your Right Mind yet.

"A Course In Miracles".....Well we're not talking about causing miracles to happen. We're not talking about causing physical regeneration to happen. What we're talking about is your relinquishment of your very definite definitions. The definitions you have come to on your own or through mutual agreements about the Kingdom of Heaven that define it as not being the Kingdom of Heaven. We're talking about abandoning those definitions so that What Each Thing Truly Is can register with you. And the way you abandon your current definitions, as we've been talking about, is by going within to the Altar. Being willing for a moment to abandon your best theories and your best concepts, and saying, "Father, I want to know What The Truth Is here. I want You to tell me what it is, because I want to replace my definition with Your Perspective. Because I don't want to hurt anymore. And I don't want my Brother to hurt anymore. And I don't want to see the tree dying in the yard. Father, I'm not... I'm not asking to change the tree. I'm asking You to help me relinquish whatever it is in me that is insisting upon seeing something different from the Perfect Embodiment of Creation That You Must Be Being there, right where that tree is."

And why? Because when the shift of perception occurs within you that has been illuminated by the Father, you will see a perfect tree. Not because you manipulated matter through magic, or the force of the power of miracle-making, but because you actually were willing to relinquish

whatever you thought the tree was, and whatever you thought the condition of the tree was, and whatever you thought the conditions were that brought about the problem the tree was having. And, indeed, your willingness to relinquish the idea that the world and universe you're seeing started from a big bang, a purely physical event, rather than It being the Visibility and Tangibility of the Movement of God that It has forever been.

You know, we talk about waking up and going Home. Well, what's the purpose of our getting together and reading the Course and discussing the ideas? The purpose is to bring it home, to bring the point home. So, we're talking about bringing it home right into this room. Bringing it home right into your house. Illuminating the Truth right where you are and seeing what could only be called physical transformations. Transformations that would register in a photograph. And if you're not seeing changes, you're not bringing this stuff home. And if you didn't realize that that was the point, I'm telling you that's the point so that you will be inquisitive and attentive in the right place.

In other words, all of this is relevant right now, right here. As someone else said, "It's not pie in the sky after you die." And if it isn't relevant to you right now, you're missing it. I'm not suggesting that all of you are missing it, but it's essential for me to make this point. And if you do say, "Well, you know, I haven't seen much difference," don't ask yourself, "What have I been doing wrong?" Let the fact that you're aware that there hasn't been a lot of difference simply suggest to you that there is more for you to see, there is more for you to look forward to in this moment. That this moment is pregnant with illumination, transformation, sudden shifts of perception, expectancy.

When a woman is pregnant, you say she is expecting. And when you're in a pregnant moment, which every moment is until you're fully awake, you should be expecting. When you're awake, every moment is pregnant, but it's not pregnant with the abandoning of illusions and the replacement of them by the Truth. It's every moment is pregnant with the Movement of the Mind of God that never stops to repeat itself and therefore is always new, always vitally, significantly awesomely alive, awesomely new.

But for the time being as you are bringing yourselves more and more into alignment with God, with your Real Mind which is the Holy Spirit, your

expectancy needs to be to have the revelation of Truth that you haven't been experiencing because you stifled it the moment you said, "Father, I would rather see it my way. Father, I would rather do it my way. I would like to try being the author of my experience for a while." And as they say in television, when you did that you cut the feed. You lost the feed. You lost the connection. Okay.

Expect your sudden shifts of perception to be relevant to where you are and to be experienced as transforming in a healing way where more perfection is manifest. There is more perfection that can be recorded in a photograph. That there is more perfection that everyone can see. So that where you limped before, you don't limp now. And where your fingers moved difficultly and were misshapen by arthritis, they now move flawlessly and are not misshapen. What are you going to have a new perception of if it isn't everything you're currently having misperceptions of? Just think about that. End of comments

~excerpt from ACIM STUDY GROUP WITH Raj/JESUS 1/2/2004
Conducted by the Northwest Foundation for ACIM