

EVERY DEATH IS A SUICIDE . .

First of all, you will have to explain to me in what way somebody passing on in their sleep, comfortably on their bed, is NOT a suicide. You see, at the bottom line, every death is a suicide. It does not matter whether one points a gun at his head and blows out his brains, or one serenely closes his eyes, and in all calmness and naturalness, passes on.

The passing on is indeed, a point of giving up--giving up the struggle, you might say. Having arrived at the point where the perception of life, the definition of life, seems to be not worth enduring any longer.

What this means is that one who actively participates in a forceful manner in passing over that line is not subject to penalty. With that one, the death is as much an act of ignorance as the one who quietly falls asleep and passes on in his own bed. And the only difference is that, generally speaking, one who commits suicide ends up spending more time in the receiving station--that I mentioned earlier--sorting out why it is that he still exists and feels no guilt. It is a difficult thing to comprehend. But that one is not kept there. It simply tends to take longer for that one to sort things out and feel the freedom to go forward, and meet those who are awaiting him without any judgment.

The experience of an illusion is no more real or less real under one or another circumstance. And that is important to understand, else you will decide that right now, while you are "still living," that there are certain things as opposed to other things which are worthy of guilt. And you will sort it out here, until you arrive at a point of releasing the guilt and embracing your divinity.

QUESTION: Very often, the people in the lives of the person who has taken their life in that way are the ones who feel the guilt. Feeling that they could have done more, or perhaps prevented it.

ANSWER: I will tell you this: They have gotten sucked into a ploy of the ego, because invariably the one who does commit suicide is saying, "so, there!" And it is done for others. Even if that one believes himself that he is doing it for his reasons, he is doing it to get even. That is his trip!

I will tell you something: Life itself, from within the three-dimensional frame of reference is, generally speaking, a process of everyone getting even with everyone else. But it is done often great style and diplomacy, and it is called public relations, it is called education, and it is the way everybody gets everybody else to behave "appropriately," instead of originally.

I will tell you: In very practical terms in your daily life, the details of Awakening come in the form of releasing yourself from the guilt that everyone else is laying on you for the purpose of getting you to behave appropriately.

There is a point where you have to be fed up to here with attempting to atone for a guilt that is superimposed on you, so that you don't make waves or upset someone else. There is a point where you have to realize that in your spontaneous originality of Being, you are sinless, and that the judgment of "guilty" that is laid upon you reflects nothing other than the ignorance of the one laying that upon you; and you do not have to honor it within yourself, or have any feelings of guilt.

The practicality of it is that the one who says "guilty," the one who accuses, needs you to be guilty so that he is not alone in his own guilt that he believes he is. And it is love for you not to join in agreement with that one by feeling guilty. Because if he sees that you're not following the protocol and acting and feeling guilty, maybe he doesn't have to either.

At the bottom line, all of you want to talk to someone who isn't guilty, so that you can be inspired to feel your guiltlessness as well. You want someone to join with who is not guilty, who is just like you.

So honor your fellowman by not playing into the game of guilt when the finger is pointed. And enjoy your freedom, and become what I have called an agent for change, a transforming presence for the one who felt he needed you to be guilty so that he wouldn't be alone in his. His guilt is no more justified or valid than the guilt he would have you believe is yours.

The family is going to have to shake off the projection and say, "No, I refuse to play that game. I never was responsible for your life."

Jewish mothers are, unfortunately, picked upon to epitomize something that everyone does, but no one wants to claim. The Jewish mother says, "You'll be the death of me yet," as a means of promoting appropriate behavior. But everyone says, "You will make me uncomfortable if you do that. You will make my life miserable if you don't change."

Everyone, in one way or another, uses this ploy. The result is that everyone thinks that they are responsible for everyone else's happiness. And that is a responsibility no one can bear. It is not humanly possible. And I am speaking down-to-earth, three-dimensionally, ignorantly speaking--no one is capable of bearing that burden.

The thing is that as long as everyone is pointing at everyone else saying, "you are responsible for my happiness," you are not feeling your own integrity. You are feeling that your joy and your happiness are dependent upon something that is out of your control--the other person--when you alone are responsible for it.

Happiness is a choice, and misery is a choice. And if everyone will just get simple and acknowledge that fact, the game of manipulation and control and coercion through guilt will stop.

Your sovereignty comes in your understanding that all you have to do is to choose for your happiness, and choose for your peace, because you do energize your misery. You say, "I cannot have my peace until this loved one is at peace himself." You're the one saying that! You are the one giving the word! But you're not paying attention to what you're saying; you're paying attention to the attempt to blame--your attention is out there.

And then somebody says, "Well, you can be happy, all you have to do is choose differently." "Well, if I choose differently, then I'm not loving him." And you're still saying, "I choose to be miserable because he's miserable until he changes. And I am going to devote myself to changing him so that he will be happy." And so, there are two of you who are miserable and stuck.

I will say--own your power. In other words, own the power of your word, and recognize the words that you are giving to your life. Realize that you

have the option to choose for joy and peace. And then do it! And watch how that will be the leaven that leavens the whole lump.

As Paul noticed, when he sat down and simply closed his eyes to become still for his own reason, everyone else became still. And he didn't have to expend any energy to get anyone's attention.

There is sort of a psychological fad that everyone is glomming onto these days, a catch word called co-dependency. And it seems to be applied to particular groups of people: alcoholics, those who have been in abusive families, etc. Well, as long as you're an ego, you are co-dependent. And don't sit in your comfortable houses, not having been from an abused family and not being an alcoholic, and feel that the word co-dependency doesn't apply to you.

When I say these things, it is without judgment. It is not an accusation. It is an encouragement for you to not be afraid to take a clear, practical, simple, down-to-earth, intelligent look at what you are doing, so that you can realize that some of what you are doing is idiotic. In other words, it doesn't work.

In being able to look at it without adding an emotional charge to it of guilt and penalty and penance, you can change, because you have practiced discernment--you have been able to see the difference between what is True and what is not, between what works and what does not; which is not judgment. Because judgment brings in the added element of self-righteousness if you are right or if you are recognizing what is right; and guilt, if what you are recognizing is wrong. Both of which are charged experiences--conflicted experiences--that distract you from your peace and your ability to make your choice for joy and love.

If you, as whatever you perceive yourself to be at the moment, and I, as the Christ, can sit here together and talk simply and openly and matter-of-factly, without any charge to it, about what is working and what isn't working with you, you can dare to do it also. And recognize that what you are doing could be defined as True religion, True spiritual work, that has not one thing to do with overcoming their awe, prioritized state of being a sinner.

You must start looking at the solutions to your problems, or what you define to be problems, as innocent Christs upon whom has been projected a false, distorted picture that represents no truth whatsoever. Then you will feel the right to wake up, and you will stop looking for those who will join you in your dream. And your Awakening will be that which contributes to everyone else's waking up also, whether you ever say a word to them or not.

~Raj/JESUS

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