

## On Giving and Receiving ~ recent input from Spirit ~ Through Laura Hebert

“In regards to your giving, be aware that you act upon impulses of the past that are tied in to obligations and what you seem to think is necessary for your continued ‘appearance of generosity’. You are about to change your whole paradigm of giving and receiving. It is not based upon any previous notion of what you need to do. It is rather based upon a heart-centered approach that is not tied to guilt and to worthiness. When you give on the impulse of ‘oh, that person or entity needs my help - they are lacking’ you tend to perpetuate this line of thinking in them and in yourself. When you approach giving in a way that is based upon sharing rather than need, it takes on a whole new character. It gives from a place of abundance to a place of abundance and the wealth is equalized all around.

When you give from a place of, ‘I have more than you, therefore I need to give to you so you can have more’, that is lack-based consciousness. This lack-based idea then perpetuates a gap or an emptiness that needs to be filled. There is no lack, there is no gap, there is no deficit in the Kingdom. There is only freely-given grace, bestowed equally upon all. When you have something to share you give it freely, not because the other is lacking but because you wish to extend and to give in an attitude of sharing and abundance, not in an attitude of more given to less.

When you share with this new notion in mind, you create a loop of giving and receiving that is equal in all directions. Your sharing assures that you will also receive in like measure. So be willing to receive as well, when you give. If you are always thinking ‘I must give in order to receive’, it places an unbalanced situation into play. You do not NEED to give in order to receive. Rather, you give BECAUSE you receive and vice versa. It is all equally balanced and assured. Your safety lies in knowing that there is no lack in you or anyone else. You are all abundant to begin with and your abundance can only ever increase. Although this concept seems impossible to comprehend in the world of opposites and unevenness, still you know in your heart that this is the true nature of reality and so it informs all of your decisions in the act of sharing and giving and allowing and receiving. “

