

IT IS REALLY VERY DANGEROUS TO YOUR SANITY TO BELIEVE THAT YOUR BODY IS AN ILLUSION.

It is also dangerous to Your Sanity to believe that your body is real but it has nothing to do with God. What is unreal about your body are all of the conclusions you have come to about it which have not held it in the context of the Allness of God—all the fears you have about it, all of the distrust you have about it, coupled with the ego's ongoing insistence that you don't deserve unreasonable good, and that you do, for one reason or another, deserve what you're experiencing. These things are, as it says on the pack of cigarettes, "dangerous to your health!"

The only world and body you have created is an independent assessment of the Kingdom of Heaven. Do you get that? The only illusory body and world that you have created has been a false assessment of the Kingdom of Heaven. But the Kingdom of Heaven continues uninterruptedly to be the only thing going on. And the Sons of God that you are, and the Daughters of God that you are, continue to be the only thing present.

You didn't create your body. You can't create your health. You didn't create the world. And you can't create the infinite perfection of it. But you can stop creating the arguments against it and the convictions you have as to the "fact" that the Kingdom of Heaven is not here to be perceived, and the convictions, for whatever reason you have decided, that you cannot experience your health, or you don't deserve to experience it. You can abandon those things, and in abandoning them watch the assertion of God, watch the Intent of everything, of every visibility and tangibility, to register with you, so that the wholeness of it is there—not just the perfection not seen because everyone is too busy having a different perspective and gaining a sense of being "the creator."

So, you have an ally which has a divine intent to register with you as it truly is, so that you come back into your right Mind about your body in this instance, about your mind in your instance [indicating an earlier questioner], about your relationships, et cetera. In other words, you have a powerful ally, not passive or wimpy. You could almost say it cares that you recognize it..

In order for you to be whole and experience your wholeness, you must recognize it. And so, that is its Intent—for you to recognize it. Your body

is not malfunctioning because it has a will of its own. It doesn't. It has an Intent. That Intent was set into motion by the movement of God called Creation—Creation of Himself expressed and looking like you. But how on earth can you ever arrive at the experience of what you really look like if you are saying that God can't be in the "look"—that the ego created the "look"? No. The ego created the misperception of the visibility and tangibility of God. And when one is caught up in one's misperceptions and ignoring what's really there, one is...what? Mentally unbalanced, insane, experiencing a form of insanity..

It's the valuing of the misperception, which is the insanity. And the thing that's being misperceived remains forever the presence of God perfectly expressed and intent upon being recognized for what It is. And that Intent is asserted with utter Love. It cannot force itself upon you, but the moment you dare to begin to let It in by conceiving that It possibly exists, It most gently and lovingly fills you up. And It fills you up because it expresses a Will—the Will of the Father, which is Love..

I want you, if you leave here with nothing else in your mind, to be aware that you have a powerful ally, and the power of it is God's Love and perfection. Feel yourself being companioned with in the most intimate way as the very presence of your body and its Intent to identify your presence flawlessly, immaculately..

And, boy, the ego is a bastard, isn't it? It says, [as though it were your voice] "Well, its only supposed to take a little willingness. Boy! I must not even have that! And I, therefore, haven't much hope." Well, when that suggests itself to you, I want you to remember the degree to which I have gone to share with you that you companion with a powerful Presence. And I said it wasn't wimpy..

Do you know what? The suggestion that you don't have what it takes, that you can't even muster up the little bit of willingness that the Course says is all it takes...well, I'm going to tell you that there's a wonderful lesson in failure—failing to have even the little willingness, failing to be a success. Do you want to know why? It's the Father's good pleasure to give you the Kingdom, and you don't have to deserve it! Trying is willful..

"A little willingness" really means embracing failure at being a successful ego, or even a successful Son or Daughter of God, because your

successes as the Sons and Daughters of God are not experienced by virtue of anything you do as Sons or Daughters of God. Your successes at being the Sons and Daughters of God are a result of being the expression of God, which God is responsible for..

So, I have not set up a challenge here for you to have a little bit of willingness so that you might experience the powerful Presence of That which you companion with. I haven't set up a challenge at all. If you are not responsible for your health, if you cannot create your health, then you cannot fail at creating it, can you? It was never in your hands to do anything about. So, what I have been describing here in your abandoning the exercise of false perceptions and false conclusions and judgments and doubts, et cetera, really does constitute "becoming a failure as an ego."

Do you see what I am saying? I'm saying that absolutely nothing is called for on your part except failing. That's how little is called for from you. And when, as a result of negligence, you succeed at failing at being an ego—in other words, when you really let go—this powerful Presence, this ally that you're companioning with, which is Actually what is present and called the "visibility and tangibility" of you which is your body—this will assert Itself. It will, you might say, emerge. That's not the best word. It sounds like it came from somewhere. But, transformation will be experienced. And it will be experienced because something Real is right there where you say your body is..

Willingness to see it is Love. Willingness to see what is Real in your world is Love. It's a willingness to see beyond your present sense of sight and acknowledge the Presence of God. And mind you, again, all of you, what blocks you from perceiving the Presence of God in Its absolutely unconflicted Wholeness are the thoughts, the reasonings, the judgments, the conclusions that have been arrived at without feeling into the Presence of God first!

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