

A One Who Wakes Event

John Mark Stroud www.OneWhoWakes.org



Welcome Beautiful Friends to Waking Up to the Movies!

Movies are our modern day parables and allegories. They are a wonderful ways to tell stories. Imagine living 2000 years ago, when Jesus, one of the best story tellers of all time, had only the simplest of tools to tell stories. Just the spoken word and simple drawings in the dirt. Today we have movies! They are immersive, multi-sensory, even 3D experiences. Movies make for wonderful teaching tools as they expose us to ideas, concepts and experiences we can not otherwise have.

While John Mark was walking his path, he was guided to over 100 films as teaching tools. The Holy Spirit/Jesus would tell him what movie to watch and while he watched the movie, Spirit would have him pause the movie often. The Spirit would then explain how to look at the movie and understand it through the unified, singular, and true perception of the awakened Christ Mind. It was as if a whole new world was being revealed. It really taught John Mark how to watch his own mind and truly see what was going on inside himself. Watching those movies was great fun and contributed greatly to John Mark's awakening.

John Mark now shares that same guided commentary at Waking Up to the Movies events. The messages of Spirit and Love are all around us, woven into every aspect of our daily experience. We usually do not see them because we are so identified with our individual egoic consciousness. Guided movie watching is a simple way to experience a teaching personified. Once we have witnessed the teaching illuminated on screen, we can turn our awareness inward and see its application in our own life. Guided movies open our mind to a reality beyond our existing concepts.

Waking Up to the Movies with guidance from the Holy Spirit can be a fun and easy way to open our minds, practice forgiveness and learn metaphysics.

Sit back, relax, watch (your mind watch the movie), **inJoy and Wake Up** (if you wish)! Oh, popcorn is a fun addition to the experience. *Download and viewing instructions on the next page.*

The commentary that is offered in these movies is Created as an extension of Love thru me. If you find the movies helpful or if they contribute to your healing and awakening will you please consider making a Love Offering - Donation? My family and I are totally sustained by Love, your Love! You can

go to www.OneWhoWakes.org where you will find a give button in the upper right hand corner. Or just click the yellow give button to the right and you can donate on PayPal now. No PayPal account is necessary, you can use a credit card and we can accept international donations. Gratefully, John Mark





Want to get our e-mail updates with One Who Wakes event details? Go to www.OneWhoWakes.org and scroll to the bottom of the home page to sign up for the weekly e-mail.

Click the Facebook logo to follow us. -->



For these movies there is a new download procedure.

First click the **blue download link** under the movie posters below.

You will be redirected to our cloud page (it will look like the image below. **NOTE**: The Movie will not play in this window. If you try to view it you will get this error message.

"We don't support playback of videos longer than 20 minutes"

To download the movie click the download button at the bottom center of the page. The new download button will look like the this.











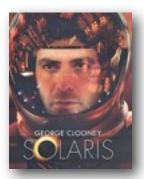
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The Truman Show



SOLARIS



Peaceful Warrior



<u>Revolver</u>
Revolver - Alternate Ending



The Thirteenth Floor



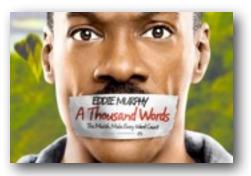
Perfect Sense



Chocolat



One Week



A Thousand Words



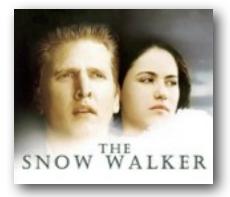
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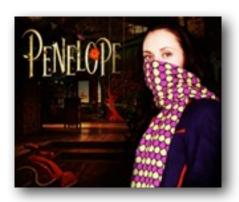
What the Bleep do we Know!?



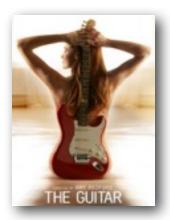
The Snow Walker



When a Man Loves a Women



Penelope



The Guitar



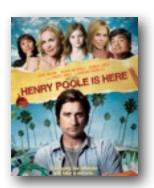
<u>Harold & Maude</u> <u>List of Maude-isms</u>



August Rush



Source Code



Henry Poole Is Here



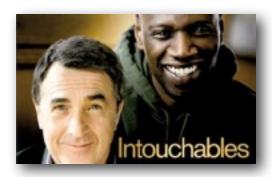
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Sliding Doors



Intouchables



The Adjustment Bureau



Yes Man



Groundhog Day



Field of Dreams



Ruby Sparks



Café



<u>Hugo</u>

Movies continued on next page



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GAME

The Game



These two movies go together as a matched set. They are symbols for the two ways to look at and experience the dream of separation. Watch "The Game" first, then "The Man who knew to little".

Waking Up can be **HARD** or **EASY**, Your Choice.

Matched Set <---->

the Man who braw too little

The Man who knew too little





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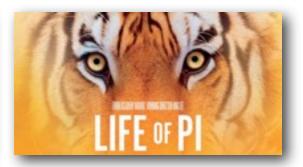
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Now You See Me



Life of Pi



<u>Eternal Sunshine</u> <u>of the Spotless Mind</u>



Inception



Forrest Gump



The Best Exotic Marigold Hotel



BOLDLY GO WHERE NO ONE HAS GONE BEFORE



The Thaw





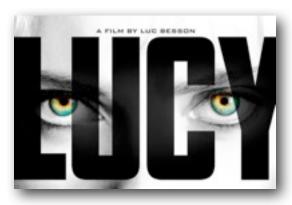
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Sixth Sense



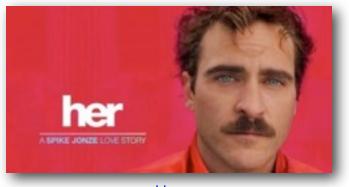
LUCY



The Giver



The Legend of Bagger Vance



Her



The Nines



Temple Grandin



Thanks for Sharing

WAKING UP TO The movies





From the mobile One Who Wakes Theater

.



The Wizard of Oz



The Shawshank Redemption



After Earth



Arrival



Please take a few deep relaxing breaths then tune in and ask Spirit,

"How and/or what might I give to support this joyful expression of One Who Wakes, John Mark and Cindy."

You can simply click the PayPal link below to donate.



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